Northwest Plumbing and Pipefitting Industry Health, Welfare and Vacation Trust

Physical Address 7525 SE 24th Street, Suite 200, Mercer Island, WA 98040 • Mailing Address PO Box 34203, Seattle, WA 98124 Phone (866) 417-4240 • Fax (206) 505-9727 • Website www.nwplumberstrust.com

> Administered by Welfare & Pension Administration Service, Inc.

March 18, 2022

TO: All Eligible Participants Northwest Plumbing and Pipefitting Industry Health, Welfare and Vacation Trust

RE: Benefit Changes – Effective March 1, 2022

This is a Summary of Material Modification describing changes to your health plan adopted by the Board of Trustees. Please be sure that you and your family read it carefully and keep this document with your Summary Plan Description Booklet.

Dental Prophylaxis Cleaning Limitations

Effective **March 1, 2022**, the Plan's frequency limitation for dental prophylaxis cleaning is amended from one cleaning per six-month period **to a minimum of 5 months between cleanings**.

Massage Therapy Referral Removal

Effective March 1, 2022, Massage Therapy will not require a referral from your medical provider.

If you have questions regarding the contents in this notice, please contact the Administration Office at (866) 417-4240, option 1.

Board of Trustees Northwest Plumbing and Pipefitting Industry Health, Welfare and Vacation Trust

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Important Reminder - You must advise the Administration Office of any changes in your basic demographic data, including changes in your name, marital status, dependents, other insurance coverage available, designated beneficiary, home address, email address and telephone number. Provide information changes by completing and sending a new Enrollment Form to the Administration Office. If you have a change in dependents: divorce requires a complete filed copy of your divorce decree along with any accompanying court orders including the parenting plan. Marriage requires a copy of your marriage certificate, the parenting plan for stepchildren and their birth certificates.

Failure to update your information on file may interfere with our ability to process your benefits and provide timely communication of important Plan information.